



# 42nd Annual **MAY DAY** Invitational

Friday, April 26, 2019 4:00 PM  
Coaches Meeting at 3:30 at Finish Line

## **OFFICIALS:**

Finish line recorder Shannon Pfeiffer WHA  
Head finish line judge Andrew Lappegard WHA  
Official scorer Renee M & Monica V. WHA  
Awards Kristen B. WHA  
Marshall Paul Raddatz WHA  
Starter Randy Herrlich WHA  
Announcer Nancy Bruns WHA

## **TIMERS AND PICKERS:**

WHA will provide all Timers and Pickers

## **FIELD EVENT JUDGES:**

Judges will be assigned that day

## **EXCHANGE ZONE JUDGES:**

Assigned at Meeting

PLEASE MAKE SURE THAT YOU BRING  
SUFFICIENT HELP TO COVER A MINIMUM OF  
THREE ASSIGNMENTS PER SCHOOL IF B & G  
PARTICIPATE. YOUR HELP IS GREATLY  
APPRECIATED! WE HOPE YOUR ATHLETES  
ENJOY THE MEET!

## **TEAMS ATTENDING THIS YEAR:**

Bagley-Fosston, Crosby-Ironton, Nevis,  
Northome-Kelliher-Blackduck, Pequot Lakes, Pine  
River-Backus, TrekNorth, WHA

**ENTRY FEE of \$200 per school (\$100 per gender)  
(payable to *WHA Athletics*)**

Questions, please contact Activities Director  
Travis Hensch (218-547-4216) or email  
[travishensch@whaschools.org](mailto:travishensch@whaschools.org)

Concessions will be available. All profits go right back  
to WHA Track, so please consider purchasing snacks at  
WHA and support our track program.

## **General Meet Information**

1. Awards will be medals 1st-3rd, ribbons 4th-6th
2. We will be using Hy-tek timing system. Please make sure rosters are updated on the MSHSL website.
3. Marshaling of running events will be near the concession stand.
4. Faster heats will be run first.
5. We will not have locker rooms available.
6. 1/8 inch pyramid spikes only, please.
7. Field event participants will get 4 attempts; no finals.
8. No frisbees, footballs, boom boxes, etc.

## **FIELD EVENTS**

### **4:00 PM Field Events Begin**

Boys & Girls Long Jump smorgasboard  
Triple Jump to follow smorgasboard  
Boys Shot Put followed by Girls  
Girls Pole Vault followed by Boys  
Boys High Jump followed by Girls  
Girls Discus followed by Boys

### **4:30 PM Running Events Begin**

3200 Meter Relay Girls followed by Boys  
100 Meter Hurdles, girls  
110 Meter High Hurdles, boys  
100 Meter Dash, girls  
100 Meter Dash, boys  
800 Meter Relay, girls  
800 Meter Relay, boys  
1600 Meter Run, girls  
1600 Meter Run, boys  
400 Meter Relay, girls  
400 Meter Relay, boys  
400 Meter Dash, girls  
400 Meter Dash, boys  
300 Meter Hurdles, girls  
300 Meter Hurdles, boys  
800 Meter Run, girls  
800 Meter Run, boys  
200 Meter Dash, girls  
200 Meter Dash, boys  
3200 Meter Run, girls & boys  
1600 Meter Relay, girls  
1600 Meter Relay, boys