

November 2018

Dear Activity Directors and Coaches:

We are looking forward to seeing you and your team at the Rick Lee Wrestling Invitational. This letter contains important information regarding the upcoming Rick Lee Tournament.

DATE: Friday and Saturday, January 11th and 12th 2019

PLACE: **Bemidji High School**

ROSTER SUBMISSION: All head coaches will be contacted by Mandy Antony (mspicks@hotmail.com) to be given passwords and access to Track Wrestling for roster submission and information. She will be sending out directions closer to the tournament date. **E-mail a list of coaches, wrestlers and managers** to Shelly Fredriksen @ zshellyfred@yahoo.com prior to Jan 2nd for programs.

PARTICIPATING TEAMS: Bemidji, BCLB, BGMR, Big Lake, Bloomington-Kennedy, Brainerd, Cambridge, Detroit Lakes, Frazee, Kenyon Wanamingo, OTC, Perham, Pierz, Thief River Falls, Tracy-Milroy-Balaton, United North Central. Jv additional teams: NewYork Mills

TEAM CHECK-IN/REGISTRATION: 6:30 am to 8:00am Friday January 11th at Bemidji High School. Check registrations, weights, rosters and receive team packets, including badges and floor passes. Passes for wrestlers, coaches, managers on roster submitted only and cheerleaders in uniform.

All others must pay for entry.

WEIGH-IN/SKIN CHECK:

Friday, Jan. 11th at 8:00am at the Bemidji High School Auxiliary gym. Middle School, Junior Varsity and Varsity.

Saturday Jan 12th at 8:00am. Middle School skin check only. Junior Varsity and Varsity skin check and weigh-in.

Wrestlers will get a two-pound January growth allowance, in addition wrestlers will receive an additional 1# allowance for Friday and additional 2# allowance for Saturday, due to teams wrestling Jan. 10. **106 will be 109, 113 will be 116 etc. for Friday. Saturday 106 will be 110, 113 will be 117 etc.**

There will not be any weight allowance for Middle School Wrestlers. Scratch weight for Middle School...one weigh in Friday only!

Middle School - grouped by similar weight 5-6 man round robins.

Junior Varsity 95 106 113 120 126 132 138 145 152 160 170 182 195 220 HWT

Varsity 106 113 120 126 132 138 145 152 160 170 182 195 220 HWT

SEEDING: JV and Middle School will be grouped via Track Wrestling. We will make every effort to group Middle School by ability. It is important that you grade your wrestlers when you enter your roster on Track. All varsity teams will be seeded using record, head to head, common opponents and current rankings to develop four pools. Pools will be re-seeded for day two based on record of day one.

ENTRY FEE: \$275.00. Please mail a check to Bemidji Wrestling Club, Attention: Tim Hinrichs, BWC President P.O. Box 2007 Bemidji, Mn 56619, or bring the check to the Tournament.

ADMISSION PRICES: Doors open at 8:45am Friday and 7:45 am Saturday for fans.

ADULTS: \$10.00 daily pass \$15.00 2 -day pass

STUDENTS: (K-12)/SENIORS: Daily pass \$5.00 Under 5: Free

AWARDS: Individual and team awards will be given to the first place team in each of the four varsity pools, runner-up in the Championship pool will also receive a team trophy and individual medals. Junior Varsity and Middle School individual awards will be given through 6th place. There will be a team trophy for 1st and 2nd places in both Middle School and Junior Varsity. All trophies for youth level.

LOCKER ROOMS: Supply your own towels, locks and make arrangements to store valuables. Locker assignments will be given at check-in.

OFFICIALS: We have 10 certified officials for the event.

TRAINER: A trainer will be available throughout the day.

BUSSES: Please park school busses on the south side of the high school.

CONCESSIONS: Concessions will be available throughout the day. **Athletes** are allowed to bring food and beverage with them to the event. A hospitality room is available for coaches and officials.

Team Camps: Teams will house all gear, coolers, bags in the wrestling room, the room will be supervised.

NO OUTSIDE FOOD or BEVERAGE is ALLOWED by fans.

Pools for day one: Team schedules and section opponents are considered when placing teams in Day one pools.

Rick Lee Duals

January 11th & 12th, 2019

Tentative schedule - Please be aware that we will move along to each round as quickly as the schedule allows.

Friday January 11th:

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| 6:30 a.m. - 7:45am | - Team Registration and Check-in @ BHS |
| 8:00 a.m. | - Coaches Meeting and begin weigh-in/skin check. |
| 9:00 a.m. | - PARADE of TEAMS - National Anthem |
| 9:30 a.m. | - Varsity Round 1 A/B (4 mats) |
| 11:15 a.m. | - Varsity Round 1 C/D (4 mats) |
| 1:00 p.m. | - Varsity Round 2 A/B (4 mats) |
| 2:45 p.m. | - Varsity Round 2 C/D (4 mats) |
| 4:30 p.m. | - Varsity Round 3 A/B (4 mats) |
| 6:15 p.m. | - Varsity Round 3 C/D (4 mats) |
| 4:00 – 6:00 p.m. | - Walleye dinner for coaches (wrestling will not stop) |
| 8:00 p.m. | - Approximate end time for the evening |

JV and MS wrestling will be continuous on 4 mats all day beginning at 10:00am

Saturday January 12th:

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| | **Doors open for teams at 7:00am |
| 8:00 a.m. | - Skin Check and Weigh-in Varsity |
| - to follow | - Skin check and Weigh in Junior Varsity |
| - to follow | - Skin check Middle School |
| 8:30 a.m. | - Coaches Meeting |
| 9:00 a.m. | - National Anthem |
| 9:30 a.m. | - Varsity Round 1 C/D (4 mats) |
| 11:15 a.m. | - Varsity Round 1 A/B (4 mats) |
| 1:00 p.m. | - Varsity Round 2 C/D (4 mats) |
| 2:45 p.m. | - Varsity Round 2 A/B (4 mats) |
| 4:30 p.m. | - Varsity Round 3 C/D (4 mats) |
| 6:15 p.m. | - Varsity Round 3 A/B (4 mats) |

JV and MS wrestling will be continuous on 4 mats all day beginning at 10:00am

AWARDS all levels to follow completion of bracket.

Please call or e-mail Tournament Director Jay Seitz if you have any questions:

ratchet-92@hotmail.com

218-556-8478